

# Go To Salad and Tuna Salad

## By Elissa Lorenzen

### **That Dressing** (enough for two salads)

2 Tablespoons enova  
2 Tablespoons balsamic vinegar  
½ tsp grey poupon mustard

### **Go To Salad** serves 2

This is a salad that is refreshing and goes with just about anything. Use it as a main side or an accompaniment.

Mixed greens  
1 avocado diced  
½ cup sliced cherry tomatoes  
Dress with That dressing

### **Honey Mustard Dressing**

This is great over avocado or in a salad with tuna.

2 Tablespoons olive oil  
1 teaspoon honey  
1teaspoon Dijon mustard  
¼ tsp red pepper flakes

### **Tuna Salad** serves 4

This dressing has an infused vinegar in it. I love infused oils and vinegars because it adds a real pop to a everyday dressing. Don't get to crazy with too many flavors - I like to keep it simple.

2 cans tuna  
1 bag mixed greens  
¼ cup shredded carrots  
1 hard boiled egg sliced  
2Tb olive oil  
2Tb fig infused balsamic vinegar