

The Pointer Sisters

Messengers Sent from Beyond to Bring Us Back Home to Our True Nature

When we separate from True Nature five coverings, which are really messengers, appear. I call them the *Pointer Sisters* (Sanskrit: *kañchukas* = *coverings*). When we are able to clearly recognize these Pointer sisters, we realize that they are messengers sent by True Nature to bring us back home to our timeless ground of Being, which is expressed as unconditional love in our everyday actions.

Pointer Sister <i>What we believe we are</i>	Self-Inquiry Question <i>That helps us return to True Nature</i>	True Nature <i>What we really are being all along</i>
Separate - Limited Doer (<i>Kalā</i>) Powerless Limited Doer	Who am I?	Omnipotent (<i>Sarva-Kartṛitvam</i>) Potent Unlimited Being

We believe that we are a limited doer; that there is something we must overcome to be happy.

When we lose touch with True Nature we feel that we are a limited 'doer' who needs to do something in order to regain our sense of wholeness. We feel powerless when we forget our inherent omnipotence.

Confused - Limited Knowing (<i>Vidyā</i>) Limited Knowledge	Why Am I?	Unlimited Knowing (<i>Sarva-Jñātvam</i>) Omniscient
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We believe we have limited knowledge; that there is something we must know to be happy.

When we lose touch with True Nature we feel that we are a limited knower who needs to know something in order to regain our sense of wholeness. We feel confused when we forget our inherent omniscience.

Lacking - Limited Completeness (<i>Rāga</i>) Imperfect - Attachment/Aversion	What am I?	Full - Complete (<i>Pūrṇatvam - vairāgya</i>) Perfect Freedom
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We believe we are imperfect; that there is something we need to be happy.

When we lose touch with True Nature we feel that we are imperfect, which gives rise to attachment and aversion. We think that there is something that we need in order to regain our sense of wholeness. We feel a sense of incompleteness when we forget our inherent perfection.

Time Bound - Experience of Aging (<i>Kāla</i>) Time Bound - Past-Present-Future	When Am I?	Eternality (<i>Nityatvam</i>) Timeless - Eternal
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We believe that we are born and will die and that time rules our ability to be happy.

When we lose touch with True Nature we feel that we live in time, identified with the past, which is projected into a future. We believe that we are born, that we will die, and that there is never enough time to accomplish what we need to in order to regain our sense of wholeness.

Contracted - Limited in Space (<i>Niyati</i>) Constricted Limitation of Action	Where am I?	All Pervasive (<i>Vyāpakatvam</i>) Omnipresent - Unlimited Action
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We believe we are limited by space, by the confines of our body; that there is some action in space that we must accomplish in order to be happy.

When we lose touch with True Nature we feel that we are limited in space. We feel constricted, contracted and that there is some action that we need to accomplish in order to regain our sense of wholeness. We feel constrained when we forget our inherent omnipresence.