

## Ba Gua

The Ba Gua or Pa Kua, is an eight sided grid that is laid over a floor plan or room to determine the Eight Life Stations. Since is aligned with the door you move the most, it is not stationary.

To determine the Eight Life Stations of your home or office, lay the Ba Gua over the floor plan. The Career area should line up with the door you use the most. This will be your front door, kitchen door or garage door - whichever you use the most.

The door may be to the left or right of center. If that is the case, the door may be in the Knowledge area or the Helpful People area. If you drew a line from the left of your floor plan to the right of your floor plan, the line would run along the Knowledge, Career and Helpful People areas.

Once this is established you can begin to identify the *Eight Life Stations*.

The **Career area** is in the center of the floor plan, and, hopefully the entrance. The interior and exterior of this area should be kept clean of any clutter. The exterior should not have any obstructions, such as solid walls, trees and light posts. It should be bright and inviting.

The **Knowledge area**, located in the near left sector, is a good place for a library.

The **Health area**, located in the mid left sector, should be kept spotless at all times, especially if it is a bathroom. Green plants in this area are recommended.

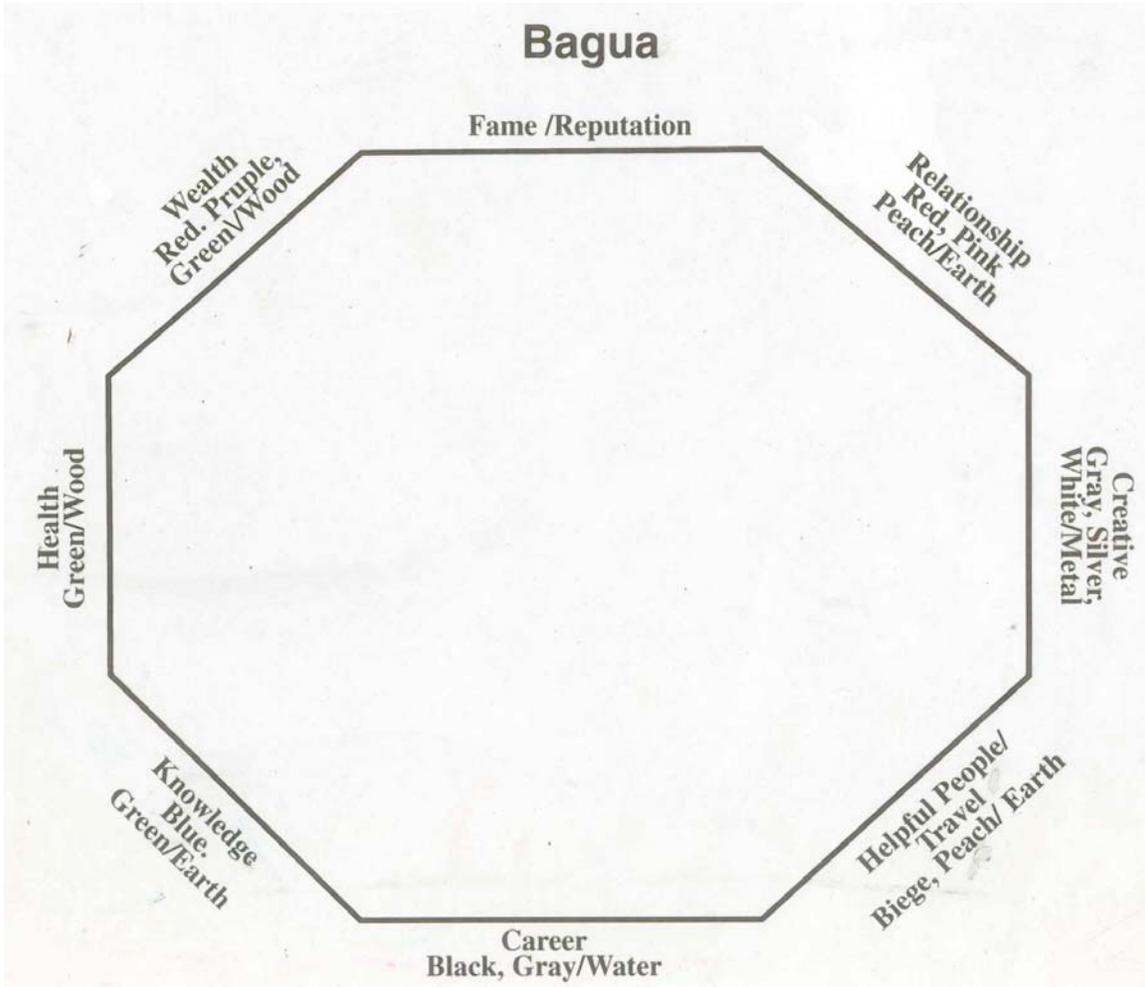
The **Wealth area**, AKA the Command Position, located in the far left sector, is a good place to put healthy broad leafed plants.

The **Fame/Reputation area**, is located directly across from the Career Area. This is a good place to put items that represent you. In your home art work that represents you at work, diplomas and certificates.

The **Relationship area**, is located in the far right sector. Place items that represent a pairing, such as love birds or a pair of wine glasses, in this area. Also there is a difference in this area's colors. The color red should be used if you are in a committed relationship and the color peach if you are looking for a relationship.

The **Creative area**, is located in the mid right sector. This area represents both conception and creative problem solving. It should be kept open and receptive. The **Helpful People** area is located in the near right sector. This is a good area to place religious icons and photos of ancestors.

# Bagua



fitness ✦ nutrition ✦ healing